

OPTION STRATEGIES FOR BEAR MARKETS

THIS IS AN EXTRA RESOURCE TO GO ALONG WITH THE ORIGINAL ARTICLE:

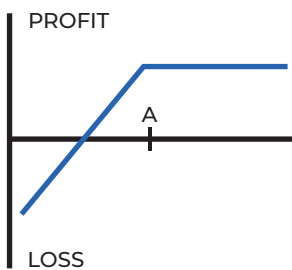
ARE COVERED CALLS A GOOD STRATEGY IN BEAR MARKETS?

USE THESE OPTION STRATEGIES TO MITIGATE LOSSES, PROTECT YOUR PORTFOLIO, OR EVEN PROFIT FROM BEAR MARKETS.

Simple, Low-Risk Strategies

Covered Call

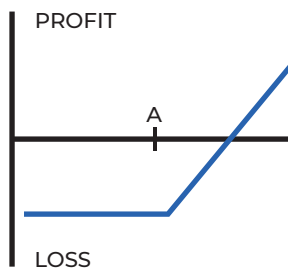
Own Stock, Sell to Open Call



A covered call strategy involves selling a call option against an underlying stock position. The investor receives a premium payment in exchange for agreeing to sell their stock at a certain price before a certain time.

Protective Put:

Own Stock, Buy to Open Put

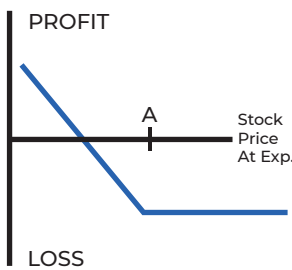


A protective put strategy involves buying put options against an underlying stock position in order to create a price floor. The investor limits or eliminates any downside, but they must pay a premium for the peace of mind.

High Risk

Long Put

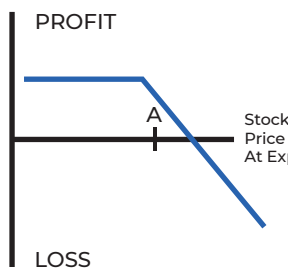
Buy to Open Put



A long put is a bet that a stock will decline in value, whereby you pay a premium for the right to sell at a certain price. Often times, protective puts are used as an alternative to short selling since it provides leverage without high risk.

Short Call

Sell to Open Call



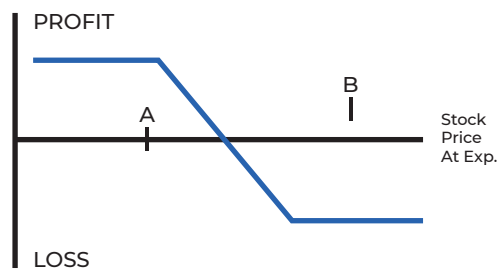
A short call is a bet that a stock will decline in value, whereby you sell the right to buy a stock at a certain price in exchange for a premium. This strategy can be risky if there's no underlying stock position since there's unlimited loss potential.



Advance, Multi-options Strategies

Bear Call Spread:

Sell to Open Lower Strike Price, Buy to Open Higher Strike Price



Bear spreads are more complex strategies whereby two option transactions are executed to create a credit or debit. These strategies are more complex and are often reserved for experienced options traders.